

From beginner to professional, we can help your game.



Christopher Fort, Peachtree City, Georgia
Only 8 short weeks ago I visited the Kegel Training Center.... I rolled 26 consecutive strikes and finished with an 833 series. Prior to that day at Kegel I was a 175 average bowler with a high game of 254.



Andrew Koff, Miami, Florida
It has been a long time since I started training at Kegel when I was about 8 years old....the training that I received through the years allowed me to have the highest qualifying score on the fresh US Open Tournament oil pattern on the first day of competition [2008].

Greg Knierim, Merritt Island, Florida
[after] learning about using the "Quiet Eye" and the 3 point targeting system, I felt more confident in how to play the lanes as well as more mentally prepared to bowl on any condition. I learned more about the game than I thought was even possible! In fact the first night in league after training, I rolled a 792!

Liat Viezenfeld, Israel
[2nd place in All Events at the 2009 European Championships]
I've been three times for training at the Kegel facility in Lake Wales. I think it's the best place for training for anyone who wants to be a World Level bowler.



Mark Buffa, Canada
I would like to thank you for helping me the day following the World Ranking Masters. Upon my return home, we bowled the Canadian National Championships, and I claimed the National Title! After finishing 10th at the WRM, I had asked you to spend a couple of hours with me.... we worked on some aspects of my game that needed some fine tuning for the short pattern especially. We also talked about equipment selection when the short patterns transition towards the inside part of the lane.



Site of 2009 PBA King of the Hill

Site of 2009 USBC Women's Series Showdown



Coaching Staff of
Webber International Bowling



The World Leader in Bowling Education

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How



The Kegel Training Center is the most unique training and research facility dedicated exclusively to the sport of bowling. Since 1997, over 5000 bowlers have received instruction producing some of the best junior, senior and professional bowlers in the world today. In fact, many have gone on to win scholarship money, make their country's national team, and even win titles on the PBA Tour. Your success is our passion.

Whether you are a beginner just trying to improve or an elite bowler looking to take your game to the next level, your experience will be fun and help you understand the sport of bowling at a much deeper level.

Programs Offered:

- ▶ Private Lessons for Beginner, Intermediate, and Advanced Bowlers
- ▶ Group Lessons – Organize your own or come to one of our group courses
- ▶ Specialized Training Camps – Youth, Family and more.....
- ▶ Team Training – National, College, League or Tournament Teams
- ▶ Pro Shop Training – One-on-one hands-on course taught by experienced professionals earning IBPSIA credits towards ongoing certification.

Our experience coaching the game of bowling taught us how to get results. It's our belief that coaching and learning is about the individual. Each bowler is unique, and rather than asking you to adjust your game to fit our instruction, we adjust our instruction to fit your game!

Analyze – At the beginning of each lesson, whether private or group, it's our job to do the learning first. We identify your strengths, weaknesses, goals, and most importantly your needs.

Customize – After our analysis we customize each lesson to work for you, enhancing your strengths and honing in on your weaknesses. We can also focus our instruction on specific components of your game if you wish. Perhaps you want to increase your rev rate, improve your accuracy, learn how to bowl on a specific oil pattern, or just improve overall to increase your average, making league more enjoyable. Our goal is to work to help you!

Implement – This is where the magic happens. Using the various tools and our expert knowledge you'll enjoy a hands-on working lesson to improve your game. You'll learn how to improve your mechanics and technique, strategies for lane play, understanding equipment, and practice drills for future use.

Follow-Up – When you come to the Kegel Training Center, you get more than just a lesson. You get a dedicated family of coaches committed to your satisfaction and love for the sport of bowling. You'll leave with a variety of materials to continue using back at home. We'll also follow-up to check on your progress and answer any questions you may have. The end of your lesson, is only the beginning.

Who



Del Warren, Vice President KTC

USBC Gold Level Coach with over 25 years of coaching experience. Former AMF Ball Designer and President of Track International having coached the best PBA players and performed seminars all over the world. Recognized by Bowler's Journal as a Top 100 coach. Holder of 2 PBA Tour Titles, IBPSIA Certified Pro Shop Technician and current IBPSIA President.



Randy Stoughton, Head Teaching Professional

USBC Gold Level Coach with over 30 years of coaching experience. Former PBA Player Services Manager and ball driller for the PBA Tour stars. He has coached the best players to winning many PBA tour titles. Recognized by Bowler's Journal as a Top 100 coach. IBPSIA Certified Pro-Shop Technician/Instructor.



Joe Slowinski, Master Teaching Professional

USBC Silver Level Coach with over 20 years of coaching experience. Former Director of Coaching for Malaysia and recognized by Bowler's Journal as a Top 100 coach. Also an IBPSIA certified Pro Shop Technician and contributing writer to BTM and BJI..



Brent Sims, KTC Coordinator

USBC Silver Level Coach with over 10 years of coaching experience at Kegel. Coached many International teams and clinics. Also recognized by Bowler's Journal as a Top 100 coach and a Kegel certified pro-shop technician.



"Within these very walls - the good became great." ...
Diandra Asbaty

Facility

12 Private Lanes – Our facility is not open to the public. It's solely dedicated to coaching and research, providing a focused and private environment for our customers.

C.A.T.S® – Every lane is equipped with the Computer Aided Tracking System which measures ball speed, accuracy, rev rate, angles and more.

Video Analysis System – Our many high quality cameras capture front, side and back angles to see how you improve during your visit. We have a huge library of bowlers, of all levels, for comparative modeling, and all footage is recorded and analyzed on a DVD for you to take with you.

Adjustable Lanes and Lane Conditions – Kegel is the world leader in lane maintenance. All our knowledge and equipment is at your fingertips to learn on a variety of different oil patterns. Our lanes are also the only adjustable lanes in the world allowing us to achieve a level of flatness seen nowhere else.

Fully Equipped Pro Shop – Available any time during your visit. We offer Master Level fitting, drilling and equipment analysis. Our Pro Shop is always fully stocked with the latest balls, bags, shoes and accessories for you to choose from.